

Disabled women: our bodies, our rights



Easy-Read Report

What is this report?



Engender is a charity that works for women's rights.



Disabled women and girls have the same rights as non-disabled women.



But often disabled women and girls are treated differently.



We worked with Disabled People's Organisations like Inclusion Scotland and People First to make this report.





This report is about disabled women's experiences of services that deal with things like:

- sex



- periods



- having a baby

- being a parent.



We wanted to find out what needs to change to make things better.

How did we find things out?



Disabled women told us about their experiences.



People that work with disabled women told us what they do.



We read laws and guidance for people working with disabled women.



We made a list of what needs to be done to make things better for disabled women.

What needs to change?



Scottish Government needs to work with:



- Councils



- Care Agencies



- Health Agencies



- Education providers



They need to find out more about disabled women's experiences of using services.



They need to write new laws and guidance that are better for disabled women.



They need to provide training to professionals on the rights of disabled women.



They need to produce and use accessible information.



They need to give more support to parents and carers.



They need to teach disabled women and girls about sex and relationships.



They need to work together.



They need to ask disabled women what they want.



They need to let disabled women choose who supports them at appointments.



They need to write a plan to stop abuse of disabled women.



They need to make sure that disabled women are allowed to make choices.



They need to make sure that professionals are following the rules.



They need to write plans to improve things for disabled women.



The plans need to say what they are going to do.



They need to check that they are doing what they said they would.

What's next?



We want lots of people to read this report.



We want people that work with disabled women to make changes.



You can tell us what you think about the report, and what else needs to change.



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