

c/o Engender  
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Maree Todd MSP  
Minister for Public Health, Women's Health, and Sport  
The Scottish Government  
St Andrew's House  
Regent Road  
Edinburgh  
EH1 3DG

14th June 2021

Dear Minister,

In March 2020 the Scottish Government provided temporary permission for telemedical early medical abortion care. This has ensured that women and pregnant people all over Scotland could continue to access abortion care without travel to a clinic, decreasing their own and clinic staff's risk of exposure to Covid-19. Abortion is an extremely safe and common procedure, and safer than continuing the pregnancy to term. The experience of the last 14 months has demonstrated that safe, quality care can be provided remotely in Scotland.

Access to abortion is essential for women's autonomy, employment, education, and access to resources, and therefore to women's equality and rights. Abortion is vital, routine healthcare that around one in three women will access in her lifetime. The United Nations Convention on the Elimination of All Forms of Discrimination Against Women (CEDAW) has made clear that "it is discriminatory for a State party to refuse to legally provide for the performance of certain reproductive health services for women" and that barriers to that care – legal or practical – should be removed.

The introduction of telemedical abortion has eliminated some of the unnecessary barriers to quality abortion care in Scotland. It has increased privacy and women's personal comfort as well as reducing out-of-pocket expenses. For women living in rural or island communities, women with childcare and caring responsibilities or women who experience men's violence, access to well supported, quality abortion care at a time and place of their choosing has been enhanced by the introduction of telemedical services.

The impact of this change has been overwhelmingly positive and world-leading. A study of more than 600 women choosing medical abortion at home in NHS Lothian last year found that telemedical abortion care is 'safe, and has a high efficacy and high acceptability among women'. A similar study in England and Wales of more than 50,000 abortions before and after their respective changes found the same – further concluding that telemedical care had reduced waiting times and allowed pregnancies to be terminated at earlier gestations, minimising the risk of complications. These studies have both recently been cited by the US's Food and Drug Administration as it changed US regulation to allow telemedical abortion.

Retaining telemedical abortion after the Covid-19 pandemic would not limit care to a certain pathway or type of treatment, but it would help enable every woman and pregnant person, in discussion with their doctors and nurses, to make the right decision for them. In a BPAS evaluation of client satisfaction, 97% of clients were satisfied or very satisfied with their experience, and 80% of clients reported that receiving pills via post or telephone consultation and pill collection from a clinic is their preferred method of care – experiences which are supported by abortion providers in Scotland and across Great Britain.

Attending a clinic is not always a necessary element of quality early medical abortion care. Telemedical services are safe, effective, and accessible. They enable women in Scotland to make the right choice for them about their health regardless of geographic, economic, or social circumstances. Removal of telemedical services would represent a reduction in quality care provision and be contrary to the principle of progressive realisation in human rights.

We welcome Scottish Government's explicit endorsement of the need for a dedicated focus on women's health, and your appointment as the first Minister for Women's Health. We urge Scottish Government not to reduce the availability of abortion care that meet women's needs.

Instead, we advocate in the strongest possible terms that Scottish Government make telemedical abortion a permanent and well supported option for care across Scotland.

Yours sincerely,



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Abortion Rights  
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Human Rights  
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Rachel Adamson  
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