

Questions about your experience of being pregnant and having a baby during COVID-19

About the survey

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In this survey we will ask ten questions about your experiences.



You only need to answer the questions if you were pregnant and had a baby during the COVID-19 pandemic. This means from March 2020 – November 2022.



We want to know what was good and what was difficult about your pregnancy and having a baby.



We want to know how the COVID-19 pandemic made things easier or more difficult for you.

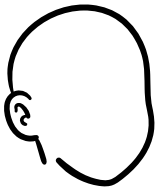


It is up to you whether you want to take part in this survey.



If you change your mind you can stop at any time. You do not need to tell us why.

What happens with the information I share?



Your name will not be used when we share what people told us in the survey.



What you tell us will only be used for this project.

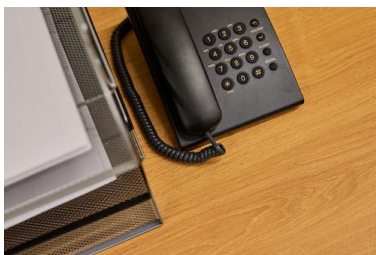


The information you share will be kept safely for three years and then it will be deleted.



We will use what people tell us in the survey to help improve people's experiences of pregnancy and having a baby.

Places you can get support



You might find some things in the survey upsetting. If you want to talk to someone and get help you can call these people, or go to their websites:

[Sands](#) 0808 164 3332

[Tommy's](#) 0800 014 7800

[Rape Crisis Scotland](#) 08088 01 03 02

[Scottish Women's Aid](#) 0800 027 1234

[Birthrights](#)

[Maternal Mental Health Alliance](#)

[Saheliya](#)

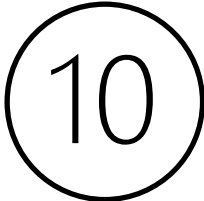
[SCLD](#)

Consent

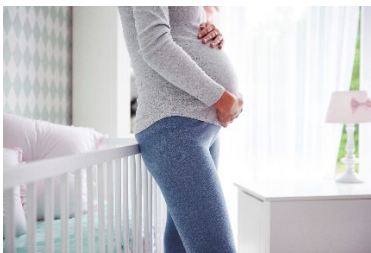


If you agree to take part in the survey, please tick the following box:

I agree to take part in the survey

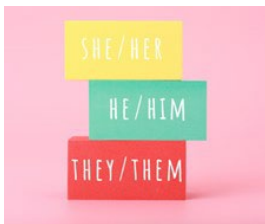


Now on to the ten questions to answer.



1. Have you been pregnant or had a baby since March 2020? (circle the answer that applies to you)

- Yes, I had a baby
- Yes, I am pregnant
- No



2. What is your gender?



3. What age are you?



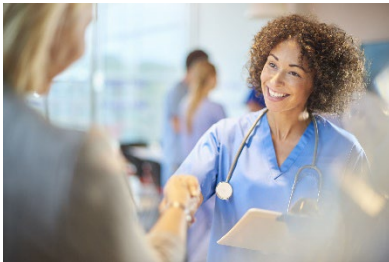
4. Where in Scotland do you live?



Survey questions



5. Did you get enough help (from people that are not your family) to understand what to expect about pregnancy and having a baby?
- Yes
 - No
 - Don't know



6. Did you have choices about your care (from NHS or charities) when pregnant or having a baby?
- Yes
 - No
 - Don't know



7. Were you able to have someone with you when you had your baby (other than a doctor or midwife)? Circle your answer.
- Yes
 - No
 - Don't know



8. Did you have enough help after you had your baby? Circle your answer
- Yes
 - No
 - Don't know



Were you worried about COVID-19 while you were pregnant or after you had your baby?

- I was not worried
- I was a bit worried
- I was very worried
- I'm not sure/ I can't remember



9. Did the COVID-19 pandemic make it easier or harder for you when you were pregnant or having a baby?

- Easier
- Harder
- It didn't make a difference
- I don't know



What else would you like to tell us about your experience of pregnancy or having a baby?



End of survey. Thank you for taking part.

PLEASE SEND THIS SURVEY BACK TO: ENGENDER, 10 OLD TOLBOOTH WYND, EDINBURGH EH8 8EQ or info@engender.org.uk